

ORGANISATION

The Organising Committee "Triathlon 7C ASD – Trail Running 7C" is organising the **Commonwealth War Cemeteries Trail Run "CWCTR"*** on Sunday, 4 October 2026, a trail running event presented in a new format with *brand-new routes* of 42, 21, 12 and 7 km *(Historical Walk)*.

ACCEPTANCE OF THE REGULATIONS

Participation in the *Commonwealth War Cemeteries Trail Run* implies the registered participant's full and unconditional acceptance of these Regulations.

By registering, each participant agrees to comply with these Regulations and releases the organisers from any civil or criminal liability for any accident or incident, or for any damage to persons or property suffered or caused by the participant, which may occur before, during or after the event.

The *Commonwealth War Cemeteries Trail Run* will take place in accordance with these Regulations, any subsequent amendments, and any notices published on the website www.trailrunningaltopiano7c.com and on the Facebook page.

PARTICIPATION

All athletes who are at least 18 years old on race day may participate in the **Commonwealth War Cemeteries Trail Run – 42K – 21K**, provided that:

* They hold a valid competitive sports medical certificate confirming fitness for activities involving high cardiovascular exertion, specifically referring to athletics and/or mountain running, regardless of membership in a sports club or federation. Medical certificates valid for Ski Mountaineering, Skyrunning, Cross-Country Skiing and Trail Running will also be accepted. A copy of the medical certificate must be uploaded, as instructed, during online registration. If the certificate expires on or before 4 October 2026, it is the athlete's responsibility to submit an updated certificate valid on race day to: Triathlon7c@gmail.com.

* Foreign athletes, whether independent or registered with foreign sports federations, must submit the duly completed ***"Annex 1" – "SPORT MEDICAL CERTIFICATE"*** in order to participate in the CWCTR.

For the **12K – 7K** *(Historical Walk)* distances, no sports medical certificate is required, as these events are classified as **NON-COMPETITIVE**.

For the **12K**, registration is open to anyone aged 14 or over as of 04/10/2026, subject to the signing of a liability declaration by a parent, legal guardian, coach or manager of the participant's sports club.

The event allows a maximum of 300 participants for each distance.

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REGISTRATION

Registration for the **Commonwealth War Cemeteries Trail Run** opens at 00:00 on 4 June 2026 and closes on 1 October 2026.

****REGISTRATION WILL ALSO BE AVAILABLE ON RACE DAY****

at the race headquarters, up to 30 minutes before the start of each distance or until race bibs are sold out.

Registrations are managed by ****ICRON Evolution**** and may be completed ONLINE by filling in the appropriate form on the www.icron.it portal or by using the registration form available at authorised shops.

REGISTRATION FEES

****“42K Marathon” – 150 race bibs****

€40.00 until 04/06/2026; €50.00 until 04/08/2026; €60.00 until 04/10/2026.

****“21K Half-Marathon” – 250 race bibs****

€25.00 until 04/06/2026; €30.00 until 04/08/2026; €35.00 until 04/10/2026.

****“13K Enter-Run” – 200 race bibs****

€15.00 until 04/06/2026; €20.00 until 04/08/2026; €25.00 until 04/10/2026.

****“7.0K Historical Walk”** – *(registration at the race venue)***

€5.00 until 04/10/2026.

At the organiser’s discretion, if one or more distances are sold out, any remaining bibs allocated to other distances may be reassigned, up to a maximum total of 600 available race bibs.

THE REGISTRATION FEE INCLUDES

- * Medical assistance;
- * Refreshment stations;
- * 1 hot meal voucher *(pasta party)*;
- * One-day membership/registration for third-party liability insurance;
- * Race bib with disposable timing chip;
- * Timing service;
- * Free unattended parking near the start/finish area;
- * Shower facilities;
- * Toilet facilities in the start/finish area;
- * Race pack;
- * Supervised bag storage;
- * Finisher medal.

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BIB TRANSFER – DISTANCE CHANGE – WITHDRAWAL

It is possible to transfer a race bib to another participant strictly by ****12:00 noon on 20 September 2026****, subject to an additional fee of ****€5.00****, payable on race day.

An email must be sent by this deadline to Triathlon7c@gmail.com, including the original registration details, the new athlete’s details and a copy of the new participant’s medical certificate.

Under the same conditions and deadlines, participants may change from a longer to a shorter distance. ****No refund of the price difference will be provided.****

****In the event of withdrawal, no refund may be requested and the registration may not be transferred to the 2028 edition.****

AWARDS – 42K – 21K – 12K

The Overall Male and Female awards ceremony will take place 30 minutes after the arrival of the final male/female podium finisher of the CWCTR 42K.

The CWCTR 42K, 21K and 12K age-category awards will take place at **2:00 p.m.**

For each race, an overall male and female ranking and a ranking for each male and female age category will be drawn up *(see ranking details below).*

AWARD CATEGORIES – 42K

Overall Men: 1st – 2nd – 3rd – 4th – 5th

Overall Women: 1st – 2nd – 3rd – 4th – 5th

Men/Women Over 40: 1st – 2nd – 3rd

Men/Women Over 50: 1st – 2nd – 3rd

Men/Women Over 60: 1st – 2nd – 3rd

AWARD CATEGORIES – 21K

Overall Men: 1st – 2nd – 3rd – 4th – 5th

Overall Women: 1st – 2nd – 3rd – 4th – 5th

Men/Women Over 40: 1st – 2nd – 3rd

Men/Women Over 50: 1st – 2nd – 3rd

Men/Women Over 60: 1st – 2nd – 3rd

AWARD CATEGORIES – 12K

Overall Men: 1st – 2nd – 3rd – 4th – 5th

Overall Women: 1st – 2nd – 3rd – 4th – 5th

Men/Women Over 40: 1st – 2nd – 3rd

Men/Women Over 50: 1st – 2nd – 3rd

Men/Women Over 60: 1st – 2nd – 3rd

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Prizes will consist of local products and/or prizes offered by our sponsors. Only athletes who are personally present at the awards ceremony will receive their prizes.

The **Organising Committee** reserves the right, at its sole discretion, to introduce additional awards.

MAXIMUM TIME AND CUT-OFF TIMES

Applicable exclusively to **42K** participants:

The maximum permitted time is **7 hours**.

Participants reaching the designated cut-off points after the maximum times established by these Regulations will be officially withdrawn from the race and transported to the finish area by the organisers.

Participants who refuse transportation will be considered withdrawn from the competition and will no longer be under the responsibility of the Organising Committee.

In the event of adverse weather conditions and/or for safety reasons, the Organising Committee reserves the right to modify cut-off times even while the race is in progress.

The cut-off times for each distance can be found in the relevant ****ROAD BOOKS**** available on www.Trailrunningaltopiano.com.

There are ****no cut-off times**** for the ****21K – 12K**** distances.

RACE BIB AND RACE PACK COLLECTION

Each participant will receive a ****REGISTRATION CONFIRMATION LETTER**** by email. This must be saved on the participant's mobile device and presented digitally, together with an identity document, when collecting the race bib.

The race bib serves as the pass required to access all participant services. Participants must write the name and mobile phone number of an emergency contact on the back of the bib and save on their mobile phone the emergency number printed on the bib.

Race bibs are strictly personal and may not be transferred to third parties. Each athlete is responsible for wearing the bib visibly on the chest/abdomen, and any modification to the bib is strictly prohibited.

Participants found without a race bib, with an altered bib, or using a bib assigned to another person will be immediately disqualified and reported to the relevant criminal and sporting authorities.

****RACE BIB DISTRIBUTION:**** The race office in the start/finish area at ****“Palaciclaminio Cesuna – Via Vecchia Stazione”**** will be open on Saturday, 03/10/2026, from 5:00 p.m. to 7:00 p.m., and on Sunday, 04/10/2026, from 6:30 a.m. until ten minutes before the official start.

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ATHLETE REQUIREMENTS

Each athlete is required to:

- * Participate using technical equipment suitable for Trail Running competitions. In particular, the use of trail running shoes or equivalent footwear is mandatory;
- * Wear the race bib so that it remains clearly visible throughout the entire race. The bib must not be altered, folded or cut under any circumstances;
- * In the event of withdrawal, report it to the nearest checkpoint or refreshment station;
- * Follow the properly marked course;
- * Carry, throughout the race, a windproof jacket, an emergency thermal blanket and a minimum water reserve of ****0.5 litres****. Depending on weather conditions and/or forecasts in the days preceding the competition, the Organising Committee may add to or reduce the list of ****mandatory equipment****;
- * Participants are ****STRONGLY ADVISED**** to carry an adequate personal supply of water and food throughout the course.

REFRESHMENT STATIONS

Along the ****42K**** route, in addition to the finish-line refreshment station, five refreshment stations will be provided at the following locations:

- * **Boscon Cemetery** – approximately 7.3 km from the start;
- * **Barental Cemetery** – approximately 16.2 km from the start;
- * **Granezza Cemetery** – approximately 22.2 km from the start;
- * **Val Magnaboschi Cemetery** – approximately 32.5 km from the start;
- * **Campiello Austrian Cemetery** – approximately 37.5 km from the start.

For the exact locations of the refreshment stations, please refer to the **Road Books** available at [\[www.trailrunningaltopiano7c.com\]](http://www.trailrunningaltopiano7c.com)(<http://www.trailrunningaltopiano7c.com>).

To reduce the environmental impact of the event, no disposable containers will be provided at refreshment stations. Each participant must therefore carry a reusable cup or a wide-mouth container suitable for consuming liquids and/or solid food.

The Organising Committee will provide liquids only for refilling cups, bottles or hydration packs.

Two types of products will be available:

Drinks: still/sparkling water, hot tea, electrolyte drinks and Coca-Cola.

Food: fresh fruit (e.g. bananas, oranges and apples)*, dried fruit (e.g. apricots and raisins)*, biscuits, chocolate, cheese, cured meats and bread.

Each refreshment station will be equipped with a basic emergency first-aid kit. Participants may use it, **upon request**, exclusively for self-treatment, fully releasing the volunteer staff at the refreshment stations from any liability.

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PARKING AND SHOWERS

Large free unattended parking areas are available close to the start area in **Cesuna**.

Showers and toilets are available in the football changing rooms, approximately 2 km from the start/finish area. A shuttle service will be provided for this purpose.

BAG STORAGE

A bag storage area will be provided near the start, where participants may leave their clothing bags and collect them after completing the race.

LIABILITY

By registering, the athlete declares that the **Commonwealth War Cemeteries Trail Run** is a sporting event involving a significant level of physical difficulty and acknowledges and confirms having reviewed the course.

The competition takes place mainly on mule tracks and mountain trails.

The athlete confirms having been fully informed by the organisers of the unavoidable objective risks associated with participation, considers the event fully appropriate to their own technical ability and physical condition and consequently accepts such risks.

Participants therefore release the organisers from any civil and criminal liability arising from improper behaviour on their part or from any damage caused by them.

The organisation accepts no responsibility for the loss or theft of personal belongings and/or property left unattended before, during or after the race in the start/finish area, shower facilities, dining area or awards area.

PERSONAL MEDICAL INSURANCE

The Organising Committee takes out third-party liability insurance covering the entire duration of the event.

The Organising Committee recommends that participants obtain the insurance coverage offered by **ITRA – International Trail Running Association** to its members.

WASTE CAMPAIGN

The *Commonwealth War Cemeteries Trail Run* supports the ***“Io non getto i miei rifiuti” (“I Do Not Litter”)** campaign to protect the environment and nature.

For this reason, no cups will be provided at any refreshment station, and participants are required to carry their own cup or bottle.

Athletes are requested to dispose of waste *(e.g. gel wrappers)* in the designated bins provided at the refreshment stations.

Participants reported for improper behaviour may be penalised and/or disqualified at the sole discretion of the organisers.

RESPECT FOR THE ENVIRONMENT – “IMMEDIATE DISQUALIFICATION”

It is strictly forbidden to dispose of any type of waste along the routes. Any violation will result in **immediate disqualification** and may also result in fines in accordance with applicable law.

All participants are required to comply strictly with this rule, particularly in the vicinity of the **Commonwealth War Cemeteries**, including where these locations coincide with refreshment stations.

RESPECT FOR THE ENVIRONMENT – “PERSONAL FOOD CHECK”

Athletes carrying energy bars and/or gels are required to write their race bib number on them.

If any such item is found discarded along the course, the athlete identified by the race bib number will be **immediately disqualified**.

ITRA POINTS

The following ITRA points will be awarded:

42K: 2 points

21K: 1 point

Participants are advised to consult the official ITRA website for further information.

COURSE CHANGES – EVENT CANCELLATION

The organisation reserves the right to modify the course or the location of rescue and refreshment stations at any time and without prior notice.

In the event of adverse weather conditions *(dense fog, severe thunderstorms or other objective hazards)* that may endanger participants, the start may be postponed or cancelled, the course may be modified or shortened, or the race may be stopped at any point along the route.

Participants will not be entitled to any refund of the registration fee in the event of suspension, modification or cancellation of the race.

ROAD BOOK – COURSE MAPS – GPX TRACKS

Road Books, course maps, elevation profiles and GPX tracks can be viewed and downloaded free of charge from:

[www.trailrunningaltopiano7c.com](<http://www.trailrunningaltopiano7c.com>)

and

<https://it.wikiloc.com/>

PRIVACY

By registering for the event, athletes authorise the organisation to process their personal data for the purposes of managing registration and related services, including timing and rankings, and to transmit such data where required for insurance purposes.

Furthermore, participants expressly authorise the organisation and its sponsors, free of charge, to acquire the right to use still and/or moving images in which they may appear for promotional and/or advertising purposes relating to the event.

ANIMALS

In order to ensure the best possible safety conditions for all participants, ****racing while accompanied by pets is strictly prohibited.****

Any athlete failing to comply with this rule will be immediately disqualified from the event.

AMENDMENTS / UPDATES TO THE REGULATIONS

The organisation reserves the right to amend and/or supplement these Regulations.

Any changes will be duly announced on our website and Facebook profile and will also be shown in ****HIGHLIGHTED BOLD CAPITAL LETTERS**** within this document.

COMPLAINTS

Only written complaints signed by the participant and submitted to the Organising Committee by ****4:00 p.m. on Sunday, 04/10/2026**** will be accepted.

Complaints must be accompanied by a ****€50.00 deposit****, which will not be refunded if the complaint is rejected.

The jury responsible for examining complaints and imposing any disqualifications will consist of:

- * Race Director;
- * Course Manager;
- * Course Officials.

The jury's decision will be final and not subject to appeal, following all necessary investigations. Such investigations may also take place in the days following the event and may include the examination of still images and/or video footage.

HOW TO REACH US

****Gallio****

****CESUNA****

CONTACTS

For any clarification or further information: