RACE REGULATIONS

ORGANISATION

The Loch Trail Cup is organised by ASD Triathlon 7C, affiliated with ASI VEN-VI0516, on 21–23 May 2027. Now in its third edition, it features the iconic 100K, the 50K, the 25K (on a new scenic route), the 15K (partially modified), the 8K walk and the 3K for young athletes.

ACCEPTANCE OF THE REGULATIONS

By participating in the Loch Trail Cup, registered competitors accept these regulations in full and without reservation. By registering, each competitor undertakes to comply with these regulations and releases the organisers from all civil or criminal liability for any accident or incident, or damage to persons or property suffered or caused by the competitor before, during or after the event. The Loch Trail Cup will be held in accordance with these regulations and any amendments or notices published on www.trailrunningaltopiano7c.com and the Facebook page.

ELIGIBILITY

All athletes aged 18 or over on race day may enter the Loch Trail Cup 100K, 50K and 25K.

• Athletes entering the 50K and 100K must declare that they are aware that the course follows high mountain trails, potentially in adverse weather conditions, and that the 100K alone takes place partly at night. They must hold a valid medical certificate of fitness for competitive sport.

They must also declare that they have experience running on such terrain and have participated in/completed trail running races in the past five years covering at least 50% of both the distance and elevation gain of the race they are entering.

Examples:

• 100K entry: completion of a 50K or longer race with at least 2,500 m of elevation gain (D+).

• 50K entry: completion of a 25K or longer race with at least 1,200 m of elevation gain (D+).

Entry to the 25K is open to anyone aged 18 or over on 23 May 2027 who holds a valid medical certificate of fitness for non-competitive sport.

Entry to the 15K is open to anyone aged 14 or over on 23 May 2027. For minors, a parent or legal guardian must sign an acknowledgement and waiver. Entrants must also hold a valid medical certificate of fitness for non-competitive sport.

The 8 km walk is open to all ages. No race bib numbers, timing, rankings or awards are provided for the walk.

For minors, a parent or legal guardian must sign an acknowledgement and waiver.

Entry to the 3K (Kids) is open to anyone under 14 on 23 May 2027. Younger athletes may be accompanied by an adult acting solely as an escort. A parent or legal guardian must sign an acknowledgement and waiver for registration.

REGISTRATION

Registration for the Loch Trail Cup opens at 00:00 on 12 November 2026 and closes at 24:00 on 17 May 2027.

Registration will close early if the following entry limits are reached:

- 100K: 150 entries;
- 50K: 200 entries;
- 25K: 250 entries;
- 15K: 250 entries.

If these limits have not been reached by the above deadline, remaining bibs will be available for on-site registration from Friday 21 May during race office opening hours.

Registration is managed by ICRON Evolution and can be completed ONLINE using the form at https://www.icron.it or using entry leaflets at authorised shops. Entries are valid only once the required fee has been paid.

ENTRY FEES

100K ULTRA

Friday 21 May 2027 – start at 23:00

Registration closes at 150 entries. Fees: €100 until 31 December 2026; €120 from 1 January to 31 March 2027; €140 from 1 April to 21 May 2027.

50K TRAIL

Saturday 22 May 2027 – start at 08:00

Registration closes at 200 entries. Fees: €50 until 31 December 2026; €60 from 1 January to 31 March 2027; €70 from 1 April to 22 May 2027.

25K – HALF TRAIL

Saturday 22 May 2027 – start at 09:00

Registration closes at 250 entries. Fees: €30 until 31 December 2026; €35 from 1 January to 1 April 2027; €40 from 1 April to 22 May 2027.

15K ENTER TRAIL

Sunday 23 May 2027 – start at 10:00

Registration closes at 250 entries. Flat fee: €25 until 23 May 2027.

8K FAMILY

Sunday 23 May 2027 – start at 10:10

Fee: €5 until 23 May 2027. On-site registration only during race office opening hours.

3K KIDS TRAIL

Sunday 23 May 2027 – start at _____.

Free registration exclusively on site during race office opening hours.

THE ENTRY FEE INCLUDES

- Medical assistance;
- Aid stations;
- One hot meal voucher for the pasta party (100K, 50K, 25K and 15K only);
- Race bib with disposable timing chip;
- Timing service;
- Free unattended parking near the start/finish area;
- Shower facilities;
- Toilets in the start/finish area;
- Race pack (100K, 50K, 25K and 15K only);
- Supervised clothing bag storage;

• Finisher medal (100K, 50K, 25K and 15K only).

BIB TRANSFERS – DISTANCE CHANGES – WITHDRAWAL

Bib transfers are permitted strictly until 12:00 on 7 May 2027, subject to a €5 surcharge payable on race day. Email Triathlon7c@gmail.com by that deadline, providing the registration details, the new athlete's details and a copy of their medical certificate.

Under the same procedure and deadline, athletes may switch from a longer to a shorter distance (the difference in fees will not be refunded).

In the event of withdrawal, no refund or transfer to the 2028 edition is possible.

AWARDS – 100K, 50K, 25K AND 15K

The overall men's and women's awards ceremony will take place 30 minutes after the last male/female podium finisher of the Loch Trail Cup 100K crosses the finish line.

Age-category awards for the 100K, 50K, 25K and 15K will be presented from 14:00, approximately as each podium is completed.

Each race will have overall men's and women's rankings and rankings for each men's and women's category (see below).

AWARD CATEGORIES FOR THE 100K, 50K, 25K AND 15K COURSES:

Men's overall: 1st, 2nd, 3rd, 4th, 5th

Women's overall: 1st, 2nd, 3rd, 4th, 5th

Men's and women's over 40: 1st, 2nd, 3rd

Men's and women's over 50: 1st, 2nd, 3rd

Men's and women's over 60: 1st, 2nd, 3rd

Prizes will consist of local products and/or prizes provided by our sponsors. Only athletes personally present at the awards ceremony will receive prizes.

The Organising Committee reserves the right to provide additional awards at its sole discretion.

TIME LIMIT AND CUT-OFF TIMES

For 100K and 50K competitors only:

The maximum permitted time is 22 hours. Participants passing cut-off checkpoints after the prescribed times will be officially excluded from the competition and

transported to the finish by the organisers. If they refuse, they will be excluded from the competition and will no longer be under the responsibility of the Organising Committee (OC). In adverse weather and/or for safety reasons, the OC reserves the right to change cut-off times even during the race. Cut-off times for each distance are available in the respective ROAD BOOK – Athlete Guide at www.Trailrunningaltopiano.com.

There are no cut-off checkpoints for the 25K, 15K and 8K distances.

RACE BIB AND RACE PACK COLLECTION

Each participant will receive a REGISTRATION CONFIRMATION LETTER by email. It must be saved on their mobile device and presented digitally at bib collection together with an identity document. The bib is required to access all participant services. Participants must write the name and mobile number of their emergency contact on the back and save the emergency number printed on the bib on their mobile phone. Race bibs are strictly personal and non-transferable. Each athlete is responsible for wearing the bib visibly on their chest or abdomen; alterations are strictly prohibited. Participants found without a bib, with an altered bib or with a bib transferred to another person will be immediately disqualified and reported to the competent criminal and sporting authorities.

BIB COLLECTION: Race office at the start/finish area, exhibition stands at Roana Ice Stadium: Friday 21 May 2027, 14:00–22:00; Saturday 22 May 2027, from 06:00 until ten minutes before the official start; Sunday 23 May 2027, from 08:00 until ten minutes before the official start.

ATHLETE OBLIGATIONS

Each athlete must:

• Take part with technical equipment suitable for trail running; trail running shoes or equivalent footwear are mandatory;

• Wear the bib visibly throughout the race; it must not be altered, folded or cut under any circumstances;

• Report withdrawal to the nearest checkpoint or aid station;

• Follow the marked course;

• Carry the mandatory equipment specified in the ROAD BOOK – Athlete Guide throughout the race. Depending on weather conditions and/or forecasts in the days preceding the event, the OC may add to or reduce the mandatory equipment requirements.

MANDATORY EQUIPMENT – 100K

GPS tracking device (provided by the organisers)
Headlamp (minimum 10 hours of battery life)
Waterproof jacket (Gore-Tex type)
Emergency blanket
Long-sleeved thermal top
Long trousers
Gloves and hat (if adverse weather is forecast)
Minimum water supply: 1 litre
Adequate food supply; aid stations every 10–13 km
Whistle and mobile phone with emergency number saved
Backpack to carry all required equipment

MANDATORY EQUIPMENT – 50K

Waterproof jacket (Gore-Tex type)
Emergency blanket
Long-sleeved thermal top (only if adverse weather is forecast)
Long trousers (only if adverse weather is forecast)
Gloves and hat (only if adverse weather is forecast)
Minimum water supply: 1 litre
Adequate food supply; aid stations every 10 km
Whistle and mobile phone with emergency number saved
Backpack to carry all required equipment

MANDATORY EQUIPMENT – 25K

Waterproof jacket (Gore-Tex type)
Emergency blanket
Minimum water supply: 0.500 cl
Adequate food supply; aid stations every 10 km
Whistle and mobile phone with emergency number saved
Backpack or running belt to carry all required equipment

MANDATORY EQUIPMENT – 15K (none unless otherwise specified)

MANDATORY EQUIPMENT – 8K (none unless otherwise specified)

AID STATIONS

For exact aid station locations, consult the Road Books at www.trailrunningaltopiano7c.com. To reduce environmental impact, no containers of any kind will be provided at aid stations. Each participant must carry a collapsible cup or wide-mouth container suitable for liquids and solid food. The OC supplies liquids only for refilling cups, bottles or hydration bladders. Two types of products will be available: Drinks: still/sparkling water, hot tea, mineral salts and Coca-Cola. Food: fresh fruit (e.g. bananas, oranges, apples), dried fruit (e.g. apricots, raisins), biscuits, chocolate, cheese, cured meats and bread.

Each aid station will have a basic emergency first-aid kit. Competitors may request to use it solely for self-treatment, releasing aid station volunteers from all liability.

For 100K participants only, a life base will be provided at km 60 (Roana Sports Hall), where competitors can access their own spare clothing or equipment (if previously deposited in the special bags provided by the organisers), hot solid food and charging points for mobile phones or sports watches.

Procedures, access and permitted time at the life base are governed by the ROAD BOOK – Athlete Guide.

PARKING AND SHOWERS

Ample free unattended parking is available close to the start/finish area (Lonaba Lake). Showers and toilets are available in the changing rooms of Lonaba Ice Stadium, adjacent to the start/finish area.

CLOTHING BAG STORAGE

A clothing bag storage area will be available at the start, where participants may drop off their bags and collect them after the race.

LIABILITY

By registering, athletes declare that the Loch Trail Cup is a sporting event of considerable physical and technical difficulty and acknowledge that they have reviewed the course. The competition takes place mainly on mule tracks and

mountain trails. Athletes confirm that the organisers have fully informed them of the unavoidable objective risks to participants, that the event is appropriate to their technical and physical ability and that they therefore accept the risks. Competitors release the organisers from all civil and criminal liability arising from their improper conduct and any damage they cause. The organisers are not responsible for the loss or theft of personal belongings left unattended before, during or after the race in the start/finish area, showers, dining area or awards area.

PERSONAL MEDICAL INSURANCE

The OC takes out civil liability insurance for the entire event. The OC recommends that participants obtain the insurance coverage offered by ITRA (International Trail Running Association – https://itra.run) to its members.

ANTI-LITTER CAMPAIGN

The Loch Trail Cup supports the “I do not litter” campaign to protect the environment and nature. No cups will be provided at aid stations; competitors must carry their own cup or bottle. Athletes are asked to dispose of waste (e.g. gel wrappers) in the designated bins at aid stations. Competitors reported for improper conduct may be penalised and/or disqualified at the sole discretion of the organisers.

RESPECT FOR THE ENVIRONMENT – IMMEDIATE DISQUALIFICATION

Discarding any kind of waste along the courses is strictly prohibited and will result in immediate disqualification and fines as provided by law. Every participant must comply with this rule throughout the race, particularly near historical sites and places of tourist or environmental interest.

RESPECT FOR THE ENVIRONMENT – PERSONAL FOOD CHECKS

Athletes must write their bib number on any energy bars or gels they carry. If these are found along the course, the athlete will be immediately disqualified.

ITRA POINTS

The following ITRA points will be awarded. Participants are advised to consult https://itra.run for further information. RACE/POINTS: 100K/4 – 50K/2 – 25K/1 – 15K/0.

COURSE CHANGES AND RACE CANCELLATION

The organisers reserve the right to change the course or the location of rescue and aid stations at any time without notice. In adverse weather conditions (dense fog, severe thunderstorms, objective hazards) that jeopardise competitors' safety, the start may be postponed or cancelled, the course may be modified or shortened, or the race may be stopped at any point along the route.

Competitors will not be entitled to any refund of their entry fee if the race is suspended, modified or cancelled.

ROAD BOOK – COURSE MAPS – GPX TRACKS

The Road Book – Athlete Guide, course maps, elevation profiles and GPX tracks can be viewed and downloaded free of charge from www.trailrunningaltopiano7c.com and https://it.wikiloc.com/.

PRIVACY

By registering for the event, athletes authorise the organisers to process their personal data for registration management and related services, such as timing and rankings, and to transmit such data for insurance purposes. They also expressly grant the organisers and sponsors the right, free of charge, to use still or moving images in which they may appear for promotional and/or advertising purposes relating to the event.

ANIMALS

To ensure the best possible safety conditions for all participants, racing with pets is strictly prohibited. Any breach will result in immediate disqualification from the event.

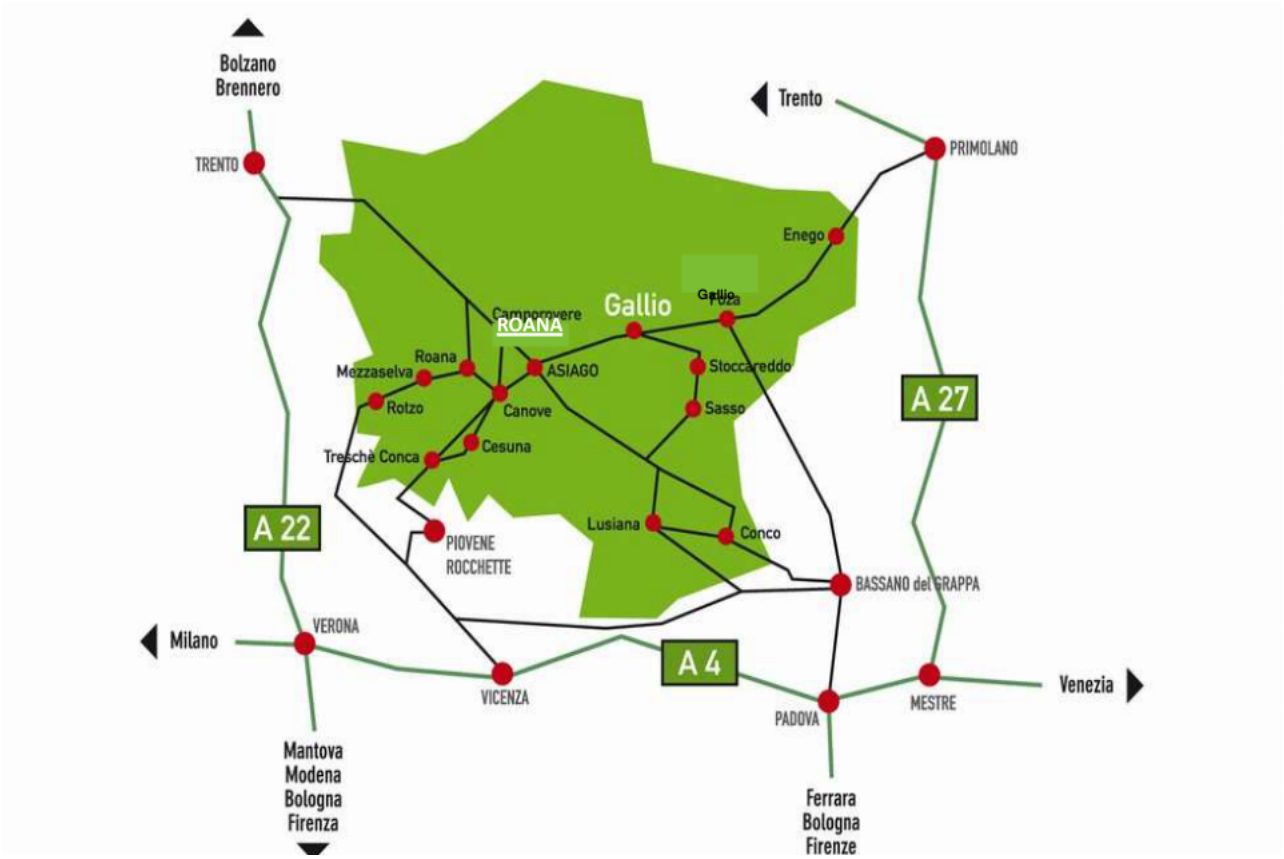
AMENDMENTS / UPDATES TO THE REGULATIONS

The organisers reserve the right to amend and/or supplement these regulations. Any changes will be duly announced on our website and Facebook profile and shown in HIGHLIGHTED BOLD CAPITAL LETTERS in this document.

PROTESTS

Only written protests signed by the participant and submitted to the OC by 14:00 on Sunday 23 May 2027 will be accepted. They must be accompanied by a €50 deposit, which will not be refunded if the protest is rejected. The jury responsible for examining protests and imposing any disqualifications consists of the Race Director, Course Manager and Course Officials. The jury's decision is final and not subject to appeal, following appropriate checks, which may also take place in the days after the event by examining still and/or moving images.

HOW TO GET HERE



CONTACTS

For any clarification or further information:

www.trailrunningaltopiano7c.com; Triathlon7c@gmail.com; https://www.icron.it